

# March

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 Yoga Stretch Class Senior Lunch 12p Pizza/Salad	4 Fitness Class 10am Donuts/Coffee 10:30am Mardi Gras Trip 1:45 load bus	5 Wrestlefit-\$10 fitness gam Chair Volleyball 1p	6 Senior lunch 12p Lasagna Cards 12:30pm	7 No Activities	8
9	10 Yoga Stretch 11:15a Senior Lunch 12p Cold Sandwiches/Fruit Cards 12:30pm	11 Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	12 Wrestlefit-\$10 fitness gam Craft Class 10am Chair Volleyball 1p	13 Yoga Stretch 11:00am Senior Lunch 12pm Chicken and Sides Cards 12:30pm Cardio Drumming 4p-5p	14 Mystery Lunch Leave at 10:45am	15
16	17 Yoga Stretch 11:15a St. Patrick's Day Potluck Party 12p Bring a dish!	18 Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	19 Wrestlefit-\$10 Fitness gam Chair Volleyball 1p Senior Canvas Paint Class Sponsored by Brookdale 3P-5P	20 Senior Lunch 12pm Soup/Rolls	21 Movie @the OCC 12pm-2p Bring a lunch!	22
23	24 Yoga Stretch 11:15a Senior Lunch 12p Breakfast	25 Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	26 Wrestlefit -\$10 Fitness gam Craft Class 10am Chair Volleyball 1p	27 Yoga Stretch Class 11:00am Senior Lunch 12p Cold Subs	28 Hot Chocolate Social 1p-2p	29
30	31 Yoga Stretch 11:15a Senior Lunch 12p Rosemary Pork w/sides	<b>Please call or text 614-496-6119 to sign up for lunches and activities</b>	Yoga Stretch Classes every Monday and Thursday before senior lunches 11:15am	Cardio Drumming Thursdays at 4pm	<b>Please call or text 614-496-6119 for food pantry and senior transportation</b>	<b>Menu and activities are subject to change.</b>