

# January

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Please call or text 614-496-6119 For senior transportation or food pantry	Please call or text 614-496-6119 To sign up for lunch or activities	Closed	Senior lunch 12pm Chicken, Potatoes & Spinach Cards 12:30pm Cardio Drumming 4pm	No Activities	
5	Senior Lunch 12pm Pasta w/Tomato Meat Sauce and Salad Cards 12:30pm	Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	Wrestlefit-\$10 fitness gam Chair Volleyball 1p	Senior Lunch 12pm BBQ Pork, Mac & Cheese, Corn and Spinach Cards 12:30pm Cardio Drumming 4pm	Hot Chocolate Social 1pm-2p	
12	Senior Lunch 12pm Pizza and Salad Cards 12:30pm	Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	Wrestlefit-\$10 Fitness gam Chair Volleyball 1p	Senior Lunch 12pm Cheddar Baked Potato Soup with Rolls Cards 12:30pm Cardio Drumming 4pm	Mystery Lunch Bus leaves at 11am	
19	Closed	Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	Wrestlefit -\$10 Fitness gam Chair Volleyball 1p	Yoga Stretch Class 11:15am Lunch Meatball Subs 12pm Cards 12:30pm Cardio Drumming 4pm	Movie @ the OCC 12pm Bring a lunch!	
26	Yoga Stretch Class 11am Senior Lunch 12pm Potluck Cards 12:30pm	Fitness Class 10am Donuts/Coffee 10:30am Euchre 5pm Cardio Drumming 6pm	Wrestlefit-\$10 Fitness gam Craft Class 10:30am-12pm Chair Volleyball 1p	Yoga Stretch Class 11:15am Senior Lunch 12pm Cold Sandwiches and Salad Cards 12:30pm Cardio Drumming 4pm		Menu and activities are subject to change.