



Rugby Ohio Youth Programs

Rugby Ohio is a non-profit 501(c)3 organization. We support the growth and development for the game of rugby in adolescents throughout the state of Ohio. Our mission is to strengthen youth character, conditioning, community and academic commitment by integrating the core values of rugby into distinct and inclusive team sports experiences.

Principles Behind Our Youth Programs

We guide our players to help build confidence on and off the field to not only be a great student-athlete but also help them reach their fullest potential. Our game of rugby exhibits the following core values:

1. **Safety is our priority:** Everything we say and do revolves around the safety of our players and staff. All coaches are certified through USA Rugby and Level 200 Certification training.
2. **Fun:** Our programs are all about fun, competitive play where kids are encouraged to make decisions for the team and themselves.
3. **Equal Play Opportunity:** All children have equal playing time regardless of skillset.
4. **Sportsmanship:** We teach our players at a young age to respect the game and their opponents.
5. **Teamwork:** We have more fun when we safely collaborate as one.

Confidence In Conferences

Rugby Ohio is confidently expanding each season. Each geographic region within the state has its own conference to stimulate cross-city play. Interested in building your own team? Contact us at info@rugbyohio.com. Explore the youth conferences below:



Canton-Akron
area



Cincinnati and
Dayton area



Columbus and
surrounding cities



Toledo Area



Cleveland and
Northeast Ohio

Fun For All!

Our league structure is designed for boys and girls ages 5 to 14. There are non-contact (flag), modified contact (tackle) and full contact (tackle) programs available depending on the age group. Crossover age groups may apply. Please contact info@rugbyohio.com if you have any questions about which option is best for your child.



Birthdate between
6/1/2013 - 8/31/2015



Birthdate between
6/1/2006 - 8/31/2013



Birthdate between
6/1/2008 - 8/13/2013



Birthdate between
6/1/2006 - 8/31/2009

Capital City Youth Rugby

Engage in youth rugby throughout Columbus and its supporting neighborhoods. Find a local program near you. Registration closes mid-April. Visit RugbyOhio.com for more information or contact us at capcityyouth@rugbyohio.com.

CAPITAL CITY RUGBY CONFERENCE	CITY	PRACTICE DAY (START DATE)	GAME DAY	U7 Flag	U8-U14 Flag	U8-U12 Modified Tackle	U12-U14 Tackle
	Bexley	Thursday, April 8	Saturday	✓	✓	✓	✓
	Downtown	Thursday, April 8	Saturday	✓	✓	✓	✓
	Dublin	Friday, April 9	Saturday	✓	✓	✓	✓
	Hilliard	Thursday, April 8	Sunday	✓	✓	✓	✓
	Marysville	Thursday, April 8	Sunday	✓	✓	✓	✓
	Obetz	Thursday, April 8	Saturday	✓	✓	✓	✓
	Olentangy	All: Thursday; U12-14 Tackle: T/TH; April 6	Saturday	✓	✓	✓	✓
	Pickerington	Friday, April 9	Saturday	✓	✓	✓	✓
	Pataskala	Saturday	Saturday		U9-U12 Flag		✓
	Westerville	Wednesday, April 7	Sunday	✓	✓	✓	✓
	Worthington	All: Thursday; U12-14 Tackle: T/TH; April 6	Saturday	✓	✓	✓	✓