

# JULY 2014

**OBETZ ATHLETIC CLUB**  
4175 ALUM CREEK DR  
OBETZ, OH 43207



**HOURS**

MON - FRI: 5AM - 9PM  
SAT & SUN: 7AM - 8PM

**STAY HYDRATED!**

CONTACT US: 614-491-8520

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 TOBIAS BOOTCAMP 6:00PM-6:30PM	3 OAC CLOSED AT 5:00PM	4 OAC CLOSED	5
6	7	8	9 TOBIAS BOOT CAMP 6:00PM - 6:30PM	10	11	12
13	14 FIT AND 50 1:00-1:30 CORE/STRETCH 6:00-6:30 PM	15	16	17	18	19
20	21 FIT AND 50 1:00-1:30	22	23 TOBIAS BOOTCAMP 6-6:30 PM	24	25	26 TOBIAS BOOTCAMP 9:30-10:00
27	28 FIT AND 50 1:00-1:30 BAND/STRETCH 6:00-6:30 PM	29	30 TOBIAS BOOTCAMP 6:00-6:30 PM	31		

**TOBIAS  
JULY CLASSES  
UNLIMITED \$40**

**TOBIAS CLASSES ARE  
BOOTCAMP, FIT 50  
BAND/CORE/STRETCH**

**PASSES ONLY GOOD FOR  
THE CURRENT MONTH**

**DRINK PLENTY OF  
WATER!**

**MUST BE AT LEAST 13  
TO ATTEND CLASSES  
AND PARENTS MUST  
SIGN WAIVER FOR  
AGES 13 - 17**