

JULY 2014

OBETZ ATHLETIC CLUB
4175 ALUM CREEK DR
OBETZ, OH 43207

HOURS

MON - FRI: 5AM - 9PM
SAT & SUN: 7AM - 8PM

STAY HYDRATED!

CONTACT US: 614-491-8520



| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---------------------------------------------------------------|-----|---------------------------------------------|---------------------------------|-----------------|----------------------------------------|
| | | 1 | 2 TOBIAS BOOTCAMP 6:00PM-6:30PM | 3 OAC CLOSED AT 5:00PM | 4 OAC CLOSED | 5 |
| 6 | 7 | 8 | 9 TOBIAS BOOT CAMP 6:00PM - 6:30PM | 10 | 11 | 12 |
| 13 | 14 FIT AND 50 1:00-1:30 CORE/STRETCH 6:00-6:30 PM | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 FIT AND 50 1:00-1:30 | 22 | 23 TOBIAS BOOTCAMP 6-6:30 PM | 24 | 25 | 26 TOBIAS BOOTCAMP 9:30-10:00 |
| 27 | 28 FIT AND 50 1:00-1:30 BAND/STRETCH 6:00-6:30 PM | 29 | 30 TOBIAS BOOTCAMP 6:00-6:30 PM | 31 | | |

**TOBIAS
JULY CLASSES
UNLIMITED \$40**

**TOBIAS CLASSES ARE
BOOTCAMP, FIT 50
BAND/CORE/STRETCH**

**PASSES ONLY GOOD FOR
THE CURRENT MONTH**

**DRINK PLENTY OF
WATER!**

**MUST BE AT LEAST 13
TO ATTEND CLASSES
AND PARENTS MUST
SIGN WAIVER FOR
AGES 13 - 17**